

## Healing & Wholeness Ministry

Contributed by Administrator  
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Our Services From time to time we all experience life struggles and heartache. When these struggles interrupt our lives it can be helpful for us to have an objective person to talk to. Sometimes our friends and family can be an excellent support system for us. However, there are times when professional help is required. At these times, seeking the assistance of a counsellor may be a wise choice. Below is a list of some of the issues that we can assist with:

Relationship Problems Grief and Loss Stress Pre-Marital Counselling Anxiety & Fear Trauma Abuse Life Struggles Depression Job Related Concerns Spiritual Concerns

**Our Fees** The Counselling Centre was started in order to provide affordable counselling to members of the community. We understand that many people are unable to obtain professional counselling because of the fees charged by counsellors in private practice. In order to assist with this problem and to ensure that anyone who wants counselling can access it, we have a sliding fee scale that is based on the client's ability to pay for counselling. The fee scale range is from \$5 to \$75 per session. The specific fee assigned will be discussed between client and counsellor in the first session.

**Who We Are** "The Salvation Army is an international Christian church. Its message is based on the Bible; its ministry is motivated by love for God and the needs of humanity. The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world." (The Salvation Army Mission and Identity statement)

While our Christian faith and practice is important to us, we respect the views and beliefs of our clients. We work with clients from a variety of faith backgrounds and those with no faith background. We use a variety of clinical approaches and these are dependent upon the specific needs of our clients. We keep therapy as brief as possible while meeting the needs of those we serve. We provide confidential counselling for individuals, couples and families.

**Our Intake Procedure** We accept clients from any referral source including self referral. Access to our services are not limited to clients residing in the City of Mississauga. The normal referral process is for the client to contact the Counselling Centre. A counsellor will then conduct a brief telephone intake assessment. This is done to determine whether there is a good match between the client's needs and the services that we provide. Due to the affordable nature of our counselling services, at times the demand for service is very high. When this is the case, we establish a waiting list and clients are seen on a first come first serve basis. If there is a waiting list, you will be informed of this during your initial intake assessment. You will also be told approximately how long the wait for counselling will be. From time to time, all of us experience difficulties and challenges. These are a normal part of the journey of life. Sometimes it is helpful to have another person to walk with us through those times of challenge. It is the purpose of the Counselling Centre to provide a place where our clients can experience peace, comfort, direction, support and guidance as they walk the journey of life.

### Contact Information

For more information or to schedule an appointment, please call Bill Mole at (905) 279-7510.